



**ZENROCK**  
FITNESS

## REDMOND PRICING & PACKAGES

### INDIVIDUAL TRAINING

#### FULL HOUR

\$108 per hour

#### PACKAGES (per appointment)

|             |   |       |
|-------------|---|-------|
| 24 sessions | — | \$105 |
| 36 sessions | — | \$102 |
| 48 sessions | — | \$99  |
| 60 sessions | — | \$96  |

#### HALF HOUR

\$64 per half

#### PACKAGES (per appointment)

|             |   |      |
|-------------|---|------|
| 24 sessions | — | \$61 |
| 36 sessions | — | \$58 |
| 48 sessions | — | \$55 |
| 60 sessions | — | \$52 |

### PARTNER TRAINING

#### FULL HOUR

\$142 per hour

#### PACKAGES (per appointment)

|             |   |       |
|-------------|---|-------|
| 24 sessions | — | \$139 |
| 36 sessions | — | \$136 |
| 48 sessions | — | \$133 |
| 60 sessions | — | \$130 |

#### HALF HOUR

\$77 per half

#### PACKAGES (per appointment)

|             |   |      |
|-------------|---|------|
| 24 sessions | — | \$74 |
| 36 sessions | — | \$71 |
| 48 sessions | — | \$68 |
| 60 sessions | — | \$65 |

### ADDITIONAL TRAINING OPTIONS

**IN-HOME or IN-OFFICE TRAINING** \$150 per hour

Add \$25 for each additional participant.

Ask us about our in-home or corporate packages.

**Find Your Zen.**

zenrockfitness.com | 425.591.9528

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