



ZENROCK
FITNESS

REDMOND PRICING & PACKAGES

INDIVIDUAL TRAINING

FULL HOUR

\$98 per hour

PACKAGES (per appointment)

24 sessions	➔	\$95
36 sessions	➔	\$92
48 sessions	➔	\$89
60 sessions	➔	\$86

HALF HOUR

\$58 per half

PACKAGES (per appointment)

24 sessions	➔	\$55
36 sessions	➔	\$52
48 sessions	➔	\$49
60 sessions	➔	\$46

PARTNER TRAINING

FULL HOUR

\$130 per hour

PACKAGES (per appointment)

24 sessions	➔	\$127
36 sessions	➔	\$124
48 sessions	➔	\$121
60 sessions	➔	\$118

HALF HOUR

\$70 per half

PACKAGES (per appointment)

24 sessions	➔	\$67
36 sessions	➔	\$64
48 sessions	➔	\$61
60 sessions	➔	\$58

ADDITIONAL TRAINING OPTIONS

IN-HOME or IN-OFFICE TRAINING \$150 per hour

VIRTUAL SUNDAY YOGA CLASS \$20 drop in
10 classes ➔ \$18 | 20 classes ➔ \$16

Find Your Zen.

zenrockfitness.com | 425.591.9528

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