



## BELLEVUE PRICING & PACKAGES

### INDIVIDUAL TRAINING

#### FULL HOUR

\$110 per hour

#### PACKAGES (per appointment)

24 sessions	➔	\$107
36 sessions	➔	\$104
48 sessions	➔	\$101
60 sessions	➔	\$98

#### HALF HOUR

\$70 per half

#### PACKAGES (per appointment)

24 sessions	➔	\$67
36 sessions	➔	\$64
48 sessions	➔	\$61
60 sessions	➔	\$58

### PARTNER TRAINING

#### FULL HOUR

\$142 per hour

#### PACKAGES (per appointment)

24 sessions	➔	\$139
36 sessions	➔	\$136
48 sessions	➔	\$133
60 sessions	➔	\$130

#### HALF HOUR

\$82 per half

#### PACKAGES (per appointment)

24 sessions	➔	\$79
36 sessions	➔	\$76
48 sessions	➔	\$73
60 sessions	➔	\$70

### ADDITIONAL TRAINING OPTIONS

**IN-HOME or IN-OFFICE TRAINING** \$150 per hour

**VIRTUAL SUNDAY YOGA CLASS** \$20 drop in  
10 classes ➔ \$18 | 20 classes ➔ \$16

## Find Your Zen.

zenrockfitness.com | 425.406.0045

136 102nd Ave SE, Suite 101 | Bellevue, WA 98004